



Report on World Suicide Prevention Day

Name of the Event : World Suicide Prevention Day

Date : 10/09/2025

Time : 11am – 12am

Venu : Pre clinical Lab

On **10th September 2025**, the **3rd Year G.N.M. students** organized a **Poster Exhibition** in observance of **World Suicide Prevention Day**. This event aimed to spread awareness about the growing issue of suicide and to promote the importance of prevention through education and support.

The main objective was to raise awareness among students and the community about suicide prevention, emphasizing the value of life and encouraging individuals to seek help in times of distress. The exhibition used creative and educational posters to address various social and psychological challenges that can lead to suicidal thoughts.

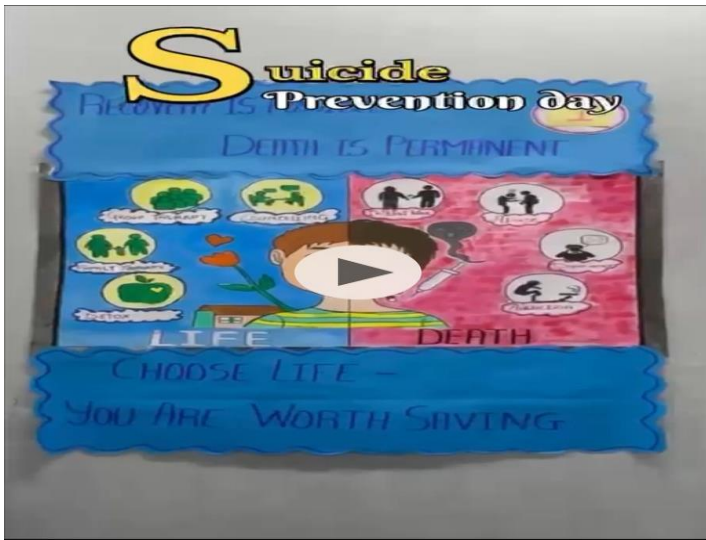
Topics Presented in the Poster Exhibition:

Students created and presented posters on a variety of topics related to suicide prevention, including:

1. **Financial Crisis** – Coping with economic stress and promoting financial management.
2. **Love Failure** – Dealing with heartbreak and the importance of emotional support.
3. **Exam Failure** – Reducing academic pressure and building resilience among students.
4. **Loneliness Prevention** – Highlighting the impact of isolation and the need for companionship and support.
5. **Dowry Harassment** – Addressing dowry-related issues and their impact on mental health.
6. **Ragging is a Crime** – Raising awareness about the consequences of ragging and how to report it.
7. **Choose Life – Your Worth is Saving** – Motivating individuals to value their life and seek help.
8. **Prevention of Aggression** – Managing anger and encouraging peaceful behaviour.
9. **Strong Mental Health: A Key to Preventing Long-Term Illness** – Emphasizing mental health as a foundation for overall well-being.
10. **Sexual Abuse** – Creating awareness about abuse, encouraging victims to speak up and seek help.

The students actively participated in the "**Prevention of Suicide**" poster presentation, using innovative ideas and strong messages to connect with the audience. Their work reflected a deep understanding of the emotional and psychological struggles faced by individuals and ways to overcome them.

The Poster Exhibition on **World Suicide Prevention Day** was a successful and impactful initiative by the **3rd Year G.N.M. students**. It not only raised awareness but also offered hope and solutions to those who may be silently suffering.



Reported by :Mr Nitin Sharma – Vice Principal &

Mrs. Meena Zore – Associate Professor

Signature of the Principal